

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Laurence Kmphela**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:20:42**

**PACE 06:42/km**

**GENDER 175 of  
324**

**OVERALL 224 of 530**

**60+ 9 of 15**

16 February 2019, Sat

Date



*BoutTime*

Signature

